## Everbrite"

## Your Smile

## NOTE:

Follow directions carefully. If you have any questions, or if more than mild discomfort or tooth sensitivity develops, cease treatment and contact a dental professional. Extending the application time beyond 2 hours is not recommended for normal whitening procedures.

## CAUTION:

Tooth whiteners should not be used by individuals who have braces, ill health, just completed gum surgery, bad gums or decayed teeth, exposed roots, jaw joint problems, ulcers, periodontal disease, or known allergies to peroxides or glycerin. Tooth bleaching procedures are not recommended for pregnant or lactating women. The product should not be used by children under 18 without parental supervision. DO NOT ingest. In case of accidental overdose, do not induce vomiting and contact a physician. DO NOT attempt to use any household bleaches to increase product strength.

## STORAGE:

Everorite ${ }^{\text {T }}$ Tooth Whitening Gel should be stored at a temperature within $5-20^{\circ} \mathrm{C} / 41-68^{\circ} \mathrm{F}$.
DO NOT FREEZE OR EXPOSE TO SUNLIGHT.
The shelf life is 18 months.

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Why use dental bleaching?
Over time your teeth can become stained from different foods, đrinks and certain drugs. This discoloration can affect your appearance and self-confidence. Everbrite ${ }^{\text {T }}$ will effectively whiten your teeth so you can always show off your confident smile.

Many dentists offer Laser or Plasma Light bleaching. What is the difference between at-home and in-office treatments?
Laser or Plasma Light bleaching is one method of dental whitening. It generally uses higher concentrations of hydrogen peroxide and requires gum protection during the procedure. These procedures can be completed in one office visit but are considerably more expensive than at-home procedures. Everofrite" uses a safer carbamide peroxide gel so no special gum protection is necessary. Everfrite ${ }^{\text {n }}$ takes about 10 days for full effectiveness but the end result is whiter teeth with minimal cost.

Who can benefit from Everbrite ${ }^{\text {TuT }}$ ?
Anyone with healthy teeth can use Everfirite ${ }^{\text {ru }}$. Those with staining due to tetracycline, dental fluorosis, etc. may require additional use for maximum effectiveness.How long after using Everbrite $^{\text {™ }}$ will teeth remain white?
When properly using Everbrite" as well as avoiding strongly staining foods and drinks, the results of the teeth whitening can be maintained for a period of about 1 years


Can Everfrite $^{\text {T }}$ be used when cavities or gum bleeding are present?
Your dentist must treat cavities, gum bleeding, or any other dental issues before beginning the Everfrite ${ }^{\text {" }}$ procedure.

YOUR DENTIST

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Bright and Confident Smile from -
Everbrite ${ }^{\text {mu }}$


## Everbrite ${ }^{\text {Tu }}$ Your Smile



## Everbrite ${ }^{\text {"' }}$

## At-Home Tooth Whitening Gel

## HOW THE BLEACHING TREATMENT WORKS

Stain-causing foods and drinks get into our tooth pores causing teeth to darken over the years. Everbrite ${ }^{\text {me }}$ Tooth Whitening Gel is packaged in 3.5 g syringes, designed for at-home application by the patient. The active ingredient in our bleach is $16 \%$ carbamide peroxide. Carbamide peroxide is extremely small in size and easily enters your tooth's pores, following the same route as stain-causing foods and drinks.
It takes about 2 hours for the gel to be absorbed by our teeth, thus the necessity for custom trays. Inside the tooth, active oxygen is produced and the tooth is lightened by the actual conversion of colored compounds to colorless compounds.


Before


After

## APPLYING GEL

- Brush and floss teeth prior to bleaching.
- Remove the cap from syringe and attach the syringe tip.
- With care, start at one end of the tray and squeeze out the gel, spreading the gel around the bottom and front of the inside of the tray.
- Within 2 minutes, place tray with gel into mouth.
- Remove excess gel with cotton bud or dry toothbrush. When inserting tray, be careful not to push all the bleach out, but be sure that the tray is firmly in place.
- After 2 hours, remove tray. Rinse and brush to remove excess bleach from teeth.
- Rinse tray with cold water. If necessary, use a toothbrush to remove residual bleach. Place trays in storage case, and store case and bleaching material in a cool place.
- We recommend alternating treatment of upper and lower teeth.
- Bleach should be applied over a period of two weeks or until desired whiteness is achieved.



## HARD TO WHITEN TEETH

In cases of discoloration such as tobacco, fluorosis, and tetracycline staining, longer bleaching programs may be recommended.
Typically, tobacco stains may be successfully treated in approximately two weeks of daily bleaching.
Tetracycline stains may be noticeably lighter, but are unlikely to respond completely.
The recommended treatment plan for difficult to whiten stains is a combination of In-Office
Whitening and more invasive measures, such as veneers.
 of the tray


Rinse tray with cold water, use a toothbrush to remove residual bleach


Place trays in storage case

